

Monthly Newsletter

September 2023

FROM THE CHAIRMAN

We had our first Pub Night on Monday 14th August. The next one will be on Monday 11th September from 6p.m. at the Ropemakers in West St., Bridport. Do come along and join us for a drink and a chat. Soft drinks, tea and coffee are also available, as is a full meal service for anyone requiring it.

The annual u3a week runs from 16–24 Sept as a branch we are not organising any special events for the week, but I should like to draw your attention to a programme of on-line events provided by the Third Age Trust. See their website, for details.

A date for your diary: don't forget that our branch Open Day is taking place on Sunday 22nd October.

Kind Regards

Alastair

GROUP NEWS



New Italian group

An informal conversation group for mixed ability. Fortnightly meetings which hopefully will be on a Thursday morning from 10am. We can discuss how members of the group want to operate but

we could choose a topic for each meeting to give a basis for discussion.

Please let Jenny Malyon know if you are interested: <u>italian2@bridportu3a.org.uk</u>

Homoeopathy and Nutrition

A monthly meeting at Jenny's house in Burton Bradstock. This group has run for many years and previous knowledge of either subject is not a necessity. Jenny is a qualified Homoeopath and Nutritionalist with 30 years practice experience. Meetings will be on a Tuesday afternoon and dates will be arranged starting from 10th October at 2pm. If interested contact Jenny by email homoeopathy@bridportu3a.org.uk

Scrabble



The nation's 2nd favourite board game, is played every 3rd Friday at 10.30 am to 12.25 at the George Hotel, opposite Bridport TIC. They are a group of inveterate players who thoroughly enjoy the monthly challenge, so why not join in and brush up your word skills? Please email scrabble@bridportu3a.org.uk. You next chance to play is Friday 15th September.

Alison Williams – groups coordinator email: <u>groups@bridportu3a.org.uk</u>

Bridport u3a Charity Number 1165000



GROUP SPOTLIGHT

Bridge for Fun

We meet at each others' houses and range from the experienced player who can no longer see the cards to the beginner who asks what to do next. However we all enjoy our afternoon playing a few hands in a light-hearted way. We need a few more players so that we can have two tables. If you enjoy card games or maybe even played bridge long ago, come along and join the fun. Contact groups@bridportu3a.org.uk

COACH OUTING

The last outing this year is a fabulous tour of Exmoor with a very knowledgeable guide, hoping to



catch a glimpse of deer in their full autumn splendour. Sunday 29th October Cost £34

Call Crossways on 01305 851697 to book a place, saying you are a member of Bridport u3a.

OPEN DAY - ADVANCE NOTICE

To find out more about our 70 groups come along to the open day on Sunday 22nd October 3-5pm or check the Groups page on our website.

MONTHLY MEETING

Our monthly meeting is held at Bridport United Church Hall on the 4th Tuesday of each month at 2pm. Admission is free to members and £3 for non-members, with tea and biscuits provided after the meeting.

Our 26th September talk will be Colin Varndell, an everpopular wildlife photographer, with 'Close Encounters'





Our 24th October talk will be Emily McCormack from the National Trust on Stourhead and the Hoare family.

JUST FOR FUN



JUST FOR FUN

August had 2 nights when we saw the Blue Moon and the Super Moon,

an event which will not be repeated for another decade. So this month's quiz is all things celestial. And just to put an end to discussions, a Blue Moon is the name given to any subsequent Full moon after the first Full moon in any month, hence 2 in August on consecutive days at the end of the month; it can also be referenced to the practice of printing a Full Moon in red on calendars/diaries etc, and subsequent ones in blue. I leave you to argue, which came first, chicken or egg!



A Super Moon is the name given to the moon at its closest point to Earth in its orbital rotation, when it can appear 15-30% brighter/bigger than normal.



- What name is given to a planet outside our solar system that orbits a star?
- 2. The Great Red Sport is a huge storm that has raged on what planet for at least 350 years?
- 3. Which planet is home to the tallest mountain in our solar system, Olympus Mons?
- 4. Which 2 planets in our solar system are gas giants?
- 5. Which planet in our solar system is closest in size to Earth?
- 6. Which is the only planet that rotates clockwise?
- 7. Name the only dwarf planet within the orbit of Neptune.
- 8. Saturn can be seen with the naked eye, True or False?
- 9. Which planet's moons include Oberon, Titania and Miranda?
- 10. Which planet has the largest dust storms in our solar system?

MONTHLY LIMERICK CHALLENGE



Each month the Newsletter will bring you a suggested first line for a limerick, and publish some of those submitted from the previous month (using contributors' initials only). Thank you to everybody who took part.

> There was an old man from Bombay Who didn't have too much to say. -He lived on a shelf And kept to himself You'd call him a fakir today. (TJ)

There was an old man from Bombay Who could practice magic, they say It's true, so I hear, He makes men disappear. I think I'll keep out of his way. (CG)

If you want to participate, please create a limerick with the following first line:

"Can't believe September is here"

Please send your contributions to <u>limericks@bridportu3a.org.uk</u> by 30th September and a selection will be printed in the next Newsletter.

NATIONAL u3a

Did you know that Third Age Matters is also available as a text-only download that can be read by text-readers, so anybody with a visual impairment can still enjoy the national magazine? The link is available here. You can also access previous editions.

More information about national online groups, projects, research and much more can be found in the national u3a Newsletter, which you can sign up to *here*. You can also access previous Newsletters.

u3a Interest Groups Online are hosting an online fair in October where people can try taster sessions for free, with a selection of Group Leaders delivering 30 minute sessions. To find the schedule click here to review and book the sessions you are interested in.

In July, the u3a launched a new Facebook group, Fit For The Future, to focus on governance, finance and what kind of organisation we want to be, worth visiting and posting if you are keen. The u3a has also set up a Pilot Council which will help guide the Trustees to shape the organisation for the future. If there is something you think should be included in the discussion about what u3as do or should be doing, you can let them know by emailing council@u3a.org.uk

MONTHLY LOCAL PHOTOGRAPH

Each month we will publish a photograph of a local scene. Please submit your photographs to newsletter@bridportu3a.org.uk and let me know when and where it was taken, and if you want to be acknowledged as the photographer or remain anonymous. Please note, we may use photographs from the newsletter on our website. Please advise if you do not want this to happen.

August saw both a Blue Moon and a Super Moon (actually twice!) which is a rare conjunction. On the first night the sky was clear and the moon was beautiful. This was taken looking out to sea from Burton Bradstock.



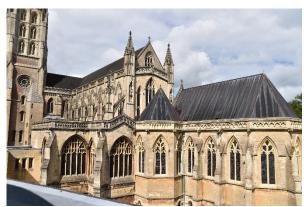
OUTSIDE u3a

b-side Festival is on Portland from Thursday 7th to Sunday 10th September, with 23 events, exhibitions, workshops and artworks celebrating 'This Land' the limestone of Portland. For a guide to what's on click here

At the same time, Sculpture By The Lakes are holding their annual Wellbeing event

To celebrate Architectural Heritage Week, run in conjunction with Dorset Architectural Heritage Week, there are many places open for free, from grand houses to industrial heritage sites. To plan your itinerary to include as many of the 179 possible local options as you can fit in, visit Dorset Architecture Heritage Week on Facebook.com, or <u>heritageopendays.org.uk</u> to

include Devon and Somerset and the wider UK. In need of some suggestion? Try Clavell Tower at Kimmeridge Bay: Dawes Victorian Twine Works at West Coker: Greenhill Chalets at Weymouth; Melbury House at Melbury Sampford near Dorchester; Belmont in Lyme Regis; and



Downside Abbey (not Downton) at Stratton on the Fosse near Radstock for some diverse outings. All details available from the link above.

It is National Cinema Day on 2nd September, so it is a great month to visit our local independent cinemas.



The Electric Palace in Bridport, so called because when the Palmer brewing family built an opera house for the town, it was powered by the newfangled electricity. Or The Plaza in Dorchester which opened in 1933 with the first screening of King Kong outside of London, and although it still has a beautiful Art Deco architecture, the 4 screen state-of-the-art cinema boasts all 'mod cons'.

Bridport u3a Charity Number 1165000



Dorset Museum has Steve Oliver of the Dorset Wildlife Trust speaking about the return of beavers to Dorset on 21st September, with 20% of ticket monies going to the project. Roman House Tours will be on 2nd, 9th, 16th, 23rd and 30th September. All events are bookable on the Dorset Museum website

Wessex Water offer free visits to some of their sites, which have to be pre-booked.



Around The Bend tours of local 'water recycling centres' (their words!) allows you to see what happens after you flush your toilet. These are available in Bridport on Sunday 24th September, and Crewkerne on Tuesday 26th September, with other dates/venues also bookable

ANSWERS TO JUST FOR FUN

- 1 Exoplanet or extrasolar planet
- 2 Mars
- 3 Jupiter and Saturn
- 4 Venus
- 6 Venus
- 7 Ceres
- 8 True
- 9 Uranus
- Mars 10

CONTACT US

Thank you to everyone who has taken the time to comment on our Newsletters, and we welcome all suggestions. If you have anything you would like to be included in future Newsletters, please send your submissions to newslet-

ter@bridportu3a.org.uk and we will do our best to use as many as possible.

Until next month

Stay safe

Bridport U3A Committee

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